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Holy Family Catholic Church

March 9, 2025
The First Sunday of Lent



Lord, as we enter this first week of our Lenten journey,
guide us on the path that leads to you.

Daily Mass Schedule and Mass Intentions

| | | | |
|-----------|----------|--------|-----------------------|
| Saturday | 03/08/25 | 4:00pm | People of Holy Family |
| Sunday | 03/09/25 | 9:00am | Mary Bailey † |
| Monday | 03/10/25 | 8:00am | Souls in Purgatory |
| Tuesday | 03/11/25 | — | No Mass |
| Wednesday | 03/12/25 | 8:30am | Joan Stubbers † |
| Thursday | 03/13/25 | 8:00am | Judi Jeffreys † |
| Friday | 03/14/25 | 8:00am | Pat Boyle † |
| Saturday | 03/15/25 | 4:00pm | Jean McRae † |
| Sunday | 03/16/25 | 9:00am | People of Holy Family |

Contact us

917 Chestnut St. Clarkston, WA 99403 · 509-758-6102

Pastor
• Rev. Jeff Core: jacore@dioceseofspokane.org

Pastoral Assistant
• Danielle Paris: dparis@dioceseofspokane.org

Bookkeeper
• Sheri Sargent: ssargent@dioceseofspokane.org

Website: hfparish.com

Office Email: holyfamily@dioceseofspokane.org

Office Hours · Monday - Friday · 8:30am - 4:00pm

THIS WEEK

Sunday, March 9th:

- Mass 9:00am
- Coffee & Donuts
- Sacrament Prep 10:30am
- OCIA 11:00am

Monday, March 10th:

- Mass 8:00am
- Ladies Prayer Group 8:45am
- Catholic Daughters 6:30pm

Tuesday, March 11th:

- No Mass
- Knights of Columbus 7:00pm

Wednesday, March 12th:

- Mass 8:30am
- Holy Hour and Confessions after Mass

Thursday, March 13th:

- Mass 8:00am
- Mass at St. Joseph Hospital Chapel 12:30pm
- Eucharistic Adoration, Holy Hour & Confessions 7:00pm (**ALL ARE WELCOME**)

Friday, March 14th:

- Mass 8:00am
- Stations of the Cross 5:30pm followed by Soup and Bread

Saturday, March 15th:

- Confessions 3:00pm
- Mass 4:00pm

Sunday, March 16th:

- Mass 9:00am
- Coffee & Donuts
- Sacrament Prep 10:30am
- OCIA 11:00AM

Stewardship: A Way of Life!

Treasure:

The collection for the week of 3/02/2024

Actual: \$11,766

SPECIAL MONTHLY COLLECTIONS

March—Easter Flowers, Holy Family School Foundation, Building Maintenance Fund, Holy Family School

*If you have your weekly/monthly donations automatically taken out of your bank account, here is a list of the "special collections" you may not know of. **Thank you.***

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A Reflection on Lenten Fasting

In the early Church and, to a lesser extent still today, there were two fasts. There was the "total fast" that preceded all major feasts or sacramental events. The ancient name for this fast was "statio" from the verb "sto, stare" to stand watch, on guard or in vigil. The second fast was a fast of abstinence from certain foods, e.g., meats or fats. This was more an act of self-discipline and self-control. The *statio* fast was total and a means of watching and waiting...i.e. *for* something. The fast of abstinence was more general and personal, to help oneself be more disciplined or self-controlled. The total fast is still kept today prior to reception of Holy Communion. Following Holy Communion, the total fast ceases because Jesus had explicitly stated that we don't fast when the bridegroom is here, in other words, what we're keeping vigil for has arrived, the wait is over. On the other hand, the fast of abstinence was allowed on Sundays because the continuity of abstinence can be important for it to be effective.

These initial observations, then, teach us that the Eucharist is always the end of a preparation. It is always the fulfillment of an expectation. In the Orthodox Church during Lent, they have Eucharist only on Saturday and Sunday. But because Wednesdays and Fridays are total fast days, those two days are also days for the Communion service (Liturgy of the PreSanctified) which are held in the evening, i.e., after the day of preparation. Fasting is always *preparatory*.

But how did *fasting* become such an important means of preparing for the Eucharist and of learning virtue through self-discipline? Christian fasting is revealed in an interdependence between two events in the Bible: the "breaking of the fast" by Adam and Eve; and the "keeping of the fast" by Christ at the beginning of his ministry.

Humanity's "Fall" away from God and into sin began with eating. God had proclaimed a fast from the fruit of only one tree, the tree of knowledge of good and evil (Gen. 2:17), and Adam and Eve broke it. Fasting is here connected with the very mystery of life and death, of salvation and damnation. Food perpetuates life in this physical world, which is subject to decay and death. But God "created no death." (Wis. 1:13) Humanity, in Adam and Eve, rejected a life dependent on God alone for one that was dependent rather on "bread alone." (Dt. 8:3; Mt. 4:4; Lk. 4:4) The whole world was given to man as a kind of food, as a means to life, but "life" is meant as communion with God, not as food. ("Their god is their belly." Phil. 3:19) The tragedy is not so much that Adam ate food, but that he ate the food for its own sake, "apart" from God and to be independent of Him. Believing that food had life in itself and thus he could be "like God." And he put his faith in food. This kind of existence seems to be built on the principle that man does indeed live "by bread alone."

Christ, however, is the new Adam. At the beginning of his ministry in the Gospel of Matthew, we read, "When He had fasted 40 days and 40 nights, He became hungry." Hunger is that state in which we realize our dependence on something else—when we face the ultimate question: "on what does my life depend?" Satan tempted both Adam and Christ, saying: Eat, for your hunger is proof that you depend entirely on food, that your life is in food. Adam believed and ate. Christ said, "Man does NOT live by bread alone." (Mt. 4:4; Lk. 4:4) This liberates us from total dependence on food, on matter, on the world. Thus, for the Christian, fasting is the only means by which man recovers his true spiritual nature. In order for fasting to be effective, then, the spirit must be a part of it. Christian fasting is not concerned with losing weight. It is a matter of prayer and the spirit. And because of that, because it is truly a place of the spirit, true fasting may well lead to temptation, and weakness and doubt and irritation. In other words, it will be a real fight between good and evil, and very likely we shall fail many times in these battles. But the very discovery of the Christian life as "fight" and "effort" is an essential aspect of fasting.

Christian tradition can name at least seven reasons for fasting:

1. From the beginning, God commanded some fasting, and sin entered into the world because Adam and Eve broke the fast.
2. For the Christian, fasting is ultimately about fasting from sin.
3. Fasting reveals our dependence on God and not the resources of this world.
4. Fasting is an ancient way of preparing for the Eucharist—the truest of foods.
5. Fasting is preparation for baptism (and all the sacraments)—for the reception of grace.
6. Fasting is a means of saving resources to give to the poor.
7. Fasting is a means of self-discipline, chastity, and the restraining of the appetites.

This article draws in part on the writings of Alexander Schmemmann, "Notes in Liturgical Theology," St. Vladimir's Seminary Quarterly, Vol. 3, No. 1, Winter 1959, pp. 2-9.

Rev. Daniel Merz is a former Associate Director of the USCCB Divine Worship office.



It has been, 6 years since our last parish directory. Well get ready! In May, we will be taking pictures for our next directory. Please make sure that all of your contact information is current with the parish office. If you are new to Holy Family please make sure you are REGISTERED. If you have any questions please call the parish office.

Ministries Schedule - If you are scheduled and not able to fill your Ministry, please request a Substitute on the MSP App. Also, make sure you know when you are scheduled. Thank you!

| Ministries for | Altar Servers | Reader | Extraordinary Ministers of Holy Communion | Ushers |
|---|-------------------------------|-------------------------------|---|--|
| Saturday March 15th 4:00pm | Aubree Aceveda Ella Miller | Brian Shinn | Lynette Ausman | Leonard Babino Ron Flerchinger Jerry Hume Gene Kasper |
| Sunday March 16th 9:00am | Thang Dao Marcus Mills | Cindy Nightingale Pat Wolf | Pat Mills | Marvin Entel Mark Flerchinger Ron Gosselin Steve Nuxoll |

Pope Francis Publishes the Message for Lent 2025: "Walking Together in Hope"

The Message of Pope Francis for Lent 2025, titled "Walking Together in Hope," has been published. In this deeply reflective text, the Holy Father invites the faithful to live this season as a pilgrimage of conversion and trust, emphasizing the importance of synodality and Christian hope.

The Pope recalls the journey of the people of Israel toward the Promised Land, encouraging reflection on our own condition as pilgrims in life. "We are all called to walk together, leaving no one behind," writes Francis, highlighting the value of communion and solidarity within the Church and the world.

The message is set within the context of the Jubilee Year, offering points for meditation on the need for a conversion that touches the hearts of individuals and communities. The Pope identifies three fundamental aspects: walking, walking together, and walking in hope, calling on the faithful to experience Lent as a time of renewal and trust in the promise of eternal life.

We intensify our prayers for Pope Francis, entrusting his health to the Virgin Mary and asking the Lord to grant him strength and a swift recovery.

The full text of the Message is available on the official Vatican website.
<https://www.vatican.va/content/vatican/en.html>



Stations of the Cross and Soup and Bread

Stations of the Cross will start on March 7th at 5:30pm and continue each Friday during Lent. After Stations of the Cross there will be Soup and Bread in the Parish Hall. All are welcome to bring soup and/or bread to share. (Remember no meat!) At each Soup and Bread there will be a donation basket. This will be split 50/50 between the school and parish. The School will use their donation for the completion of the Grotto that was purchased last year and the church will use this donation to help purchase this year's Paschal Candle.

We must trust in the might power of God's mercy. We are all sinners, but HIS grace transforms us and makes us new.

Pope Benedict XVI

Reflection for Week 1 of Lent

Reflect, today, upon whatever your temptations may be.

See the Person of Christ facing those temptations with you and in you. Know that His strength is given to you if you but trust Him with unwavering confidence. My tempted Lord, You allowed Yourself to endure the humiliation of being tempted by Satan himself.

We Believe In The Power Of Prayer



Living Lent

Are you ready for Lent?

This year instead of just surviving Lent, lean in and live it!

- **Make a Lenten plan** for prayer, fasting & almsgiving (individually and as a family).
- Follow along with **weekly Lenten reflections**.
- Engage in **faith conversations as a family**, using our faith conversation starters.
- Find Fun **faith activities for kids** of all ages.

Please contact Cheryl Fuqua at 758-6936, Linda Wolf at 751-2370 or the parish office at 758-6102 or email to dparis@dioceseofspokane.org if you would like someone to be added.

Join Hallow for free this Lent
at: hallow.com

Hallow

Pray every day this Lent



"Apart from the cross, there is no other ladder by which we may go to heaven"

St. Rose of Lima

In the 50 years since, we've been deeply moved by the commitment and impact you've had on this shared mission. CRS Rice Bowl has been proud to bring stories of hope to you and your family—stories about how our sisters and brothers are engaged in activities that break

the cycle of hunger and build health and resilience. Stories of people like Hongkham in Laos.

We met Hongkham in 2016, when she was volunteering as a cook at her children's school, which provided free school lunches for students. Her family also received monthly food rations through a Catholic Relief Services program after her husband fell seriously ill and they had to sell their farm. Over the next eight years, Hongkham became a mentor in her community—sharing knowledge and fostering a network of cooks who now rotate duties and make sure the children always have a warm meal to look forward to. Four of her six sons grew up on school meals, and they stand noticeably taller. Her husband's health also improved, and he now works as a carpenter with two of their sons.

Today, however, our world faces a food crisis like never before. Our prayers and almsgiving are as important as ever.

When COVID-19 spread across the world, hunger was already deepening. Other problems have contributed to the current food crisis, like conflict and wars, climate change and the rising cost of food. Now, millions of people are living without access to the food they need to live a healthy life. This is dangerous, especially for children who need the right nutrition to grow.

Over the next 40 days, we're going to meet families in Nigeria, Guatemala and Bangladesh who don't have enough to eat. Whether this is the first time you're participating in CRS Rice Bowl, or you were one of the founding parishioners from Allentown, Pennsylvania, we must come together to hear their stories and address this urgent need—because everyone deserves plenty to eat.



All Saints Catholic Church

**LENTE
MISSION**
"Our Christian Identity"

Mission Director
 Fr. Caleb Vogel

3-Day Mission:
 Mon. March 10
 Tues. March 11
 Wed. March 12

Two Daily Options:
 10:30 am
 Repeated at
 6:30 pm

All Saints Catholic Church
 Lewiston

Week 1

Marty & Cherie
 Nelson & Family
 Mary Ellen Hill
 Christian Morgan
 Verla Day
 Thelma Fales
 Melanie Stellmon
 Val Godwin
 Mary Lou Scharnhorst
 Marv Kinzer
 Kathy Ross
 Ronald Cooney
 Don Tuschoff
 Shannon Tuschoff
 Ellen Boatman
 Janelle Williams
 Lou Fanning
 Dee Johnson
 Perry Decker
 Herb Boreson Sr.

Week 2

Tom & JoAnn Harvey
 Don Brooks
 Mike & Ann Elsensohn
 Joy Nye
 Keela Carter
 Gene Breeding
 Richard Fanning
 Larry & Patty Dwyer & Family
 Joan Anderson
 Charlie Hill
 Garrett Dobbs
 Brighton & Emery Schumacher
 Ginny Kaufman
 Doreen Isaac
 Brenda Irvin
 Gayne Bafus
 Gary & Betty Riebe
 Amy Phillips
 Emily Segebart
 Charlie Sprayberry
 Amanda Anderson
 Dave Stegner

Mylissa Schmidt

Week 3

Bob Sheppard
 Jay & Dona McCann
 Pat Williams
 Erica Pena
 Sue Buratto
 Russ Bashore
 Linda Entel
 Betty Eggleston
 Joe & Marjorie Caetano
 Nancy DiMeo
 Evelyn Nanik
 Liz Samayoa
 Dan Grassel
 Eileen Jeffreys
 Donna Heimgartner
 Joan Baune
 Jennifer VanKuiekan
 Mary Prine
 Dave Petty
 Bev Bayless

Week 4

Melva Boyle
 Sheila McDougall
 Wessels Family
 Dave Massaro
 Kauffman Family
 Stapleton Family
 Michael Cheek
 Yvonne Pecora
 Dick Jacobs
 Lisa Carey
 Tina Flerchinger
 Vivian Piatt
 Mike B
 Mary Gocke
 Zach Paris
 Janeen Smith
 John & Viola Keller & Family
 Kathy Renggli
 Libby Camron
 Anne Anderson
 Sandy Wanta
 Janice Williams

Letter from Father

9 March 2025
1st Sunday of Lent
Through the Eyes of a Child

Greetings,

For me, there is no greater fulfillment as a priest and pastor than to distribute Holy Communion to the Faithful at Mass. This activity is the essence of the priestly ministry. There have been times that these moments have been happy, exciting, and wonderful (think during weddings or anniversary Masses). There have been times when the communicants have received the Sacrament with tears in their eyes, choking back emotion (usually at funerals). There is, however, a series of encounters during Communion that just fills me with a combination of mirth and joy.

Most recently, this has been when one of our young parishioners has broken free from mom and dad, grandma and grandpa, and makes his way to the head of the aisle, threading between the people lining up to receive, and then stares intently, not at the people, not at me, but at the host. It's almost like he can see something that we know in our hearts is there but to which cynicism and the world have made us blind. I am convinced that he sees Jesus there and just wants to be near Him. The interesting thing is, he is not alone in this activity.

Ever since I have been ordained as a priest, I have seen small children do this in similar ways. One little boy in Walla Walla used to cry and tell his mother, "I want Jesus too!" when she carried him in the Communion line. A little girl in Pullman used to come up with her father or mother, wave her little hand, and say, "Hi, Deesus!". It makes me wonder who they are seeing in those moments. Are they making the classic error of small children who think that the priest is Jesus (which calls to mind "*in persona Christi Capitus*"), but we'll discuss that at a later time)? Or are they actually seeing Jesus, who is present to us in the Sacrament of the Eucharist? I really believe that, because of the purity of their hearts and not having had the wonder and awe of the supernatural bleached out of their souls, they really can see Him who offered Himself for us.

So, what would happen if we allowed ourselves to look at the Eucharist with the eyes of a child? What if we shook off the cynicism and doubt that the world has piled onto us and we wiped our spiritual eyes clean to see what is right in front of us? Would we be able to really do the work that Christ calls us to do? Would we be able to look past our various and minor differences and see, like a child does, the best parts of the person in front of us and love them as Christ loves them? I think we could, but we need to want to do it. It is so easy to pay lip service to the life of the Gospel. It takes real commitment and true Faith to actually take up our cross daily and share in the work of Jesus in the world.

As the season of Lent makes a start, it is an opportunity for each of us to look anew at the reason we observe this season and celebrate the next, the precious Body and Blood, Soul and Divinity of Jesus Christ.

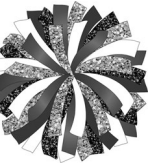
Blessings,

Fr Jeff Core

Holy Family Catholic School
1002 Chestnut Street
Phone: 509-758-6621
Web Page: holyfamilyclarkston.com
School Principal: Sheri Gehring
Email: sgehring@holyfamilyclarkston.com
Follow us on Facebook and Instagram!

"Nothing great is ever achieved without much enduring" — Saint Catherine of Siena

March is here and that means our HFS Annual Auction is just around the corner—**May 10th!** If you haven't put it on your calendar, please do! It's a great night of fun! Our theme this year is **We've got the Spirit!**



If you would like to donate to our auction, items and baskets can be dropped off at the school office. We are looking for trips, fun basket packages, services, handmade craft items and more. We also accept cash donations that the committee can use to purchase items.

We also have raffle tickets for \$10 each. This year our raffle prize is a 2025 Wolverine Yamaha 4 seater OR \$10,000 cash. Tickets are available in the school office or from any HFS student.

Enrollment for Preschool-8th grade is open!
Share our website with family & friends: holyfamilyclarkston.com

- If you know a family seeking a faith-based education, encourage them to schedule a tour and experience all that our school has to offer.
- Please note, spots are not held unless enrollment is complete and fees are paid.
- Did you know we have a Summer Program for students who are enrolled in our school?
- Tuition Assistance is open for K-8 (apply in FACTS Family Portal)

Important Dates:

3/10-3/13 – 3rd grade swim lessons

3/12 – Mass 8:30 a.m. by 2nd

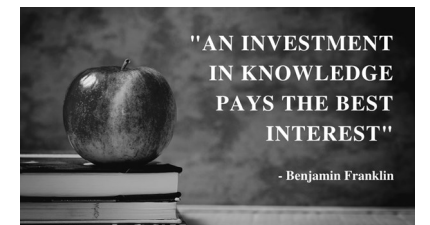
3/12 – Parent Association Meeting, 6 p.m. in the main building

3/14 – No school - office will be closed for Teacher PD - Transforming Our Hearts and Minds in Christ (Teachers will be in Spokane)

Donations:

- Are you a HFS Alumni? Auction Alumni Project donations can be made on our website under "donate": www.holyfamilyclarkston.com
- Thank you to our generous donors who have already donated to our HFS Annual Appeal. We appreciate your support and gift. If you would like to donate, donations can be made on our website under "donate": www.holyfamilyclarkston.com.

Our Mission:
*Serving as disciples, nourished by Christ,
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We are Holy Family Catholic School!*



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